

- Establishes two way communication between the Practitioner and Horse
- The Horse participates in the release of tension
- Releases muscle and joint tension by accessing the nervous system
- Conditions the Horse to relax and to release some of their own tension areas
- Restores musculo-skeletal balance
- Improves blood and lymph circulation, thus hastens the elimination of waste products and toxins, promoting a more rapid healing of injuries
- Enhances muscle tone, increases range of motion, and range of flexion
- Eases muscle spasms and relieves tension and stress
- Reduces inflammation and swelling in the joints, thereby relieving pain
- Massage, in most cases, increases the production of synovial fluid in the joint
- Improves the pliability of fascia and reduces the danger of fibrosis
- Generally improves disposition
- Maintains the body in better physical condition
- Aids in preventing injuries and loss of mobility
- Boosts athletic performance and endurance
- Restores mobility to injured muscle tissue and prevents the formation of adhesions
- Extends both the good health and the overall life of an athletes "career"



Integrated Equine Body Work

Yin and Yang of Equine Body Work

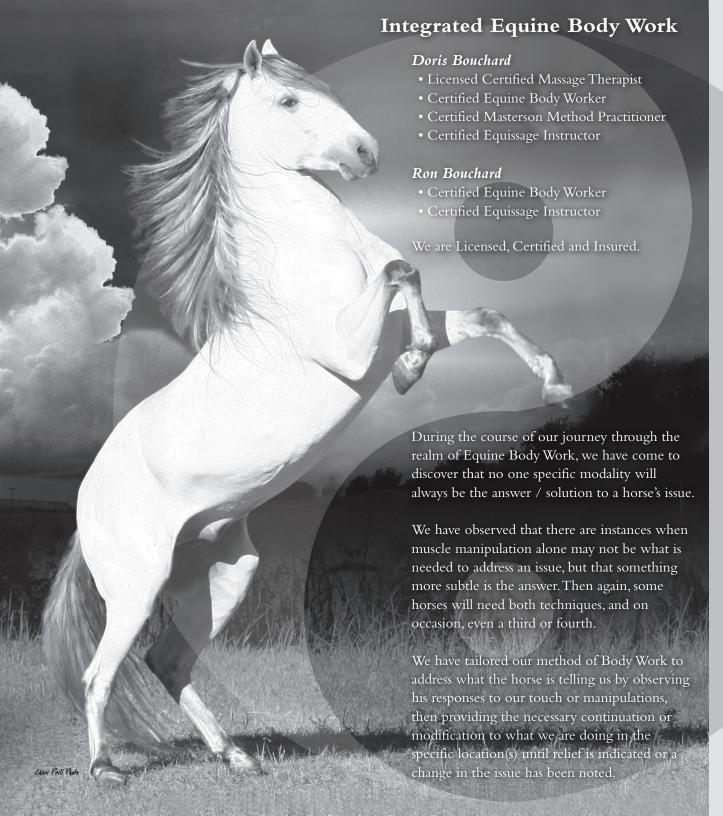


"Taking it to the next level"

eyes you look and do not see yourself reflected as an equal." ~Don Vincenzo Giobbe, circa 1700

... and he whispered to the horse: "Trust no man in whose

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In Traditional Chinese Medicine, Yin and Yang describe two primal, equal and complimentary forces, that when in harmony, create balance.

We compare

Yin

the passive, feminine and nurturing force to the work of the "Masterson Method" because it stimulates the nervous system of the horse thereby releasing tension. By moving the horse's joints through their Range of Motion while in a relaxed state, the horse can participate in the release of tension in the major junctions of the body that affect performance.

While

Yang

the active, male, pervasive force is the muscle manipulation necessary to release spasms, keep fascia and scar tissue as pliable as possible, maintain muscle conditioning and health, improve blood and lymph circulation which expedites the elimination of toxins and promotes a more rapid healing of injuries.